

2008 Tier II Provincials
May 17th – 18th, 2008
Ottawa Ontario



Nepean Ottawa
Diving Club



ACTIVE2010



Tier II Provincials 2008
May 17th – 18th

- Location:** Nepean Sportsplex
1701 Woodroffe Avenue
Nepean, Ontario K2G 1W2
Pool Telephone: (613) 580-2424 X 41261
- Host Club:** Nepean Ottawa Diving Club
Telephone: (613) 228-9270 Fax: (613) 580-2717
ottawadiving@rogers.com
www.ottawadivingclub.ca
- Technical Director:** Caitlin Ridgeway
- Meet Director:** Robyn Leroux
- Rules/Eligibility:** All DPC and Dive Ontario registered Level II & III divers.
DPC rules will apply.
- Facilities:** 4 Type "B" One Metre Springboards
2 Type "B" Three Metre Springboards
3, 5, 7½, 10 Metre Platforms
- Club Entries:** **By May 5, 2008**
The meet managers reserve the right to change combine or cancel events with no divers in order to achieve a well coordinated meet.
- Dive Sheets:** Submit electronically via e-mail to ottawadiving@rogers.com
Dive sheets are to be submitted by **May 12, 2008**
- Entry Fees:** \$20.00 per diver registration; \$15.00 per diver per event.
\$25.00 per diver per event for on deck entries

* Please note that due to the start/end times we will not be providing a hospitality room for the divers. Breakfast and lunch will be provided for coaches and judges as usual.*



Tier II Provincials 2008
May 17th – 18th

Dive Requirements

TIER II

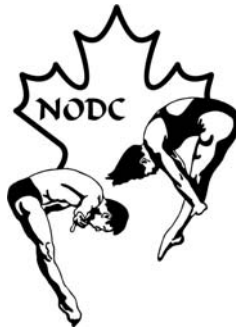
Divers who can complete the following dive requirements on the 1 and 3 meter board.

1 Meter	Group D (11 & under)	3 Compulsory (DD 5.4) 2 optional
	Group C (12 & 13yrs.)	4 Compulsory (DD 7.6) 2 Optional
	Group B (14 & 15 yrs.)	5 Compulsory (DD 9.0) 3 Optional
	Group A (16+ yrs.)	5 Compulsory (DD 9.0) 4 Optional
3 Meter	Group D (11 & under)	3 Compulsory (DD 5.4) 2 Optional
	Group C (12 & 13yrs.)	3 Compulsory (DD 7.6) 3 Optional
	Group B (14 & 15yrs.)	4 Compulsory (DD 7.6) 4 Optional
	Group A (16+ yrs.)	4 Compulsory (DD 9.0) 5 Optional

TIER III

Divers who can complete the following dive requirements on the 1 meter board

1 Meter	Group D (11 & under)	2 Compulsory (DD 3.7) 2 Optional
	Group C (12 & 13yrs.)	3 Compulsory (DD 5.4) 2 Optional
	Group B (14 & 15yrs.)	4 Compulsory (DD 7.6) 2 Optional
	Group A (16+ yrs.)	4 Compulsory (DD 7.6) 3 Optional
3 Meters	All Age Groups	001, 002, 100B w/hurdle (DD 1.0) Plus 3dives from different groups (DD1.9)



Tier II Provincials 2008
May 17th – 18th

SCHEDULE OF EVENTS

Saturday February 17th

Open Practice: 1:30 pm – 2:30 pm
 Coach's Meeting: 2:30 pm – 2:40 pm
 Closed Practice 2:40 pm – 3:00pm

Events Begin: 3:00 pm

<i>Event #</i>	<i>One Meter Board</i>	<i>Event #</i>	<i>Three Meter Board</i>
1	GIRLS & BOYS D LEVEL III & GIRLS & BOYS C LEVEL III	2	GIRLS & BOYS B LEVEL II & GIRLS & BOYS A LEVEL II
3	GIRLS & BOYS B LEVEL III & GIRLS & BOYS A LEVEL III	4	GIRLS & BOYS D LEVEL II & GIRLS & BOYS C LEVEL II

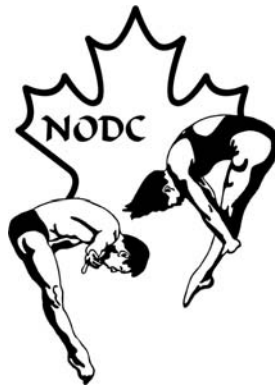
Sunday February 18th

Open Practice: 8:30 am – 9:30 am
 Coach's Meeting: 9:30 am – 9:40 am
 Closed Practice 9:40 am – 10:00 am

Events Begin: 10:00 am

<i>Event#</i>	<i>One Meter Board</i>	<i>Event #</i>	<i>Three Meter Board</i>
5	GIRLS & BOYS B LEVEL II & GIRLS & BOYS A LEVEL II	6	GIRLS & BOYS D LEVEL III & GIRLS & BOYS C LEVEL III
7	GIRLS & BOYS B LEVEL II & GIRLS & BOYS A LEVEL II	8	GIRLS & BOYS B LEVEL III & GIRLS & BOYS A LEVEL III

***There will be a closed practice before each event of no less then 20 minutes.**



Tier II Provincials 2008
May 17th – 18th

CAR RENTALS

Avis	1-800-879-2847	Budget	1-800-268-8900
Enterprise	1-800-736-8222	Hertz	1-800-263-0600

Hotel: Days Inn Ottawa West
350 Moodie Drive
Ottawa, ON
K2H 8G3

Contact: Shirley Brophy
General Manager
1-800-616-7719 or 613-726-1717
reservations@daysinnottawawest.com
www.daysinnottawawest.com

Group Name: Tier II Provincials 2008

Room Type: 15 non-smoking double bed rooms

Rate: \$110 plus taxes

Comp Amenities: Parking, Local telephone calls, Continental breakfast, High speed internet, Refrigerator in every room, and Hospitality room for team functions.

D'Arcy McGee's Irish Pub on site*

